

Make meetings better

Every meeting can be a win when the whole team shows up.

RESPECT IS THE KEY

Hosts and participants have to respect each other and the time they are spending together by playing their roles to the very best of their abilities.



Business happens because of meetings

Meetings are an essential part of business, and they don't have to suck.

Meetings are linchpins for progress and necessary for connecting with colleagues, identifying opportunities, managing disruption and innovation, and creating value for your customers. Without meetings, relationships suffer, progress slows, and opportunities are missed.

We believe meetings should be awesome. They should be enjoyable, rewarding, and productive. But, that only happens when the host and participants work together to create the space for amazing things to happen.

We see meetings as a team sport, and this workshop is the training everyone needs to play their position to deliver a win. Bring your team and learn how to get the most out of time spent in meetings and stop wasting time in bad ones.

“We couldn't have asked for a better session around meeting efficiency and strategy.”

– President

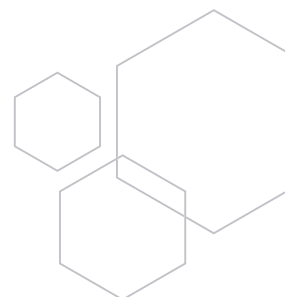
Multi-use real estate developer

Key outcomes

Participants will end the workshop understanding how to make meetings better by showing up as a team to host and participate in new and different ways.

Specifically, they will be able to:

- › Understand what it means to start with self to have effective meetings.
- › Explore seeing meetings as a team sport, where the host(s) and participants have shared responsibility for the quality of the meeting.
- › Learn tools and techniques for building energy and having productive conversations during meetings.
- › See how to avoid behaviors that interfere with effective meetings.



Configure your session with us today!

**Meetings are a team sport.
Everyone has to show up
with a good attitude, play
by the rules, and engage as
an active participant.**

We believe that how you practice is how you play.

Our workshops are designed to give participants hands-on experience with new tools and approaches that energize meetings and re-imagine how each individual plays a part in making sure they don't suck.

We offer in-person, virtual, and hybrid participation support, and all of our approaches include meaningful content and materials to support participant engagement.

	 Audience	 Time commitment	 Approach
1	TEAM SESSION 8-20 participants Same team	<ul style="list-style-type: none">▪ 2 hours of meeting observation▪ 2 hours of sponsor sessions▪ 3 hour team session▪ 2 hours of accountability sessions	<ul style="list-style-type: none">▪ Pre-interviews with key participants▪ Sponsor sessions▪ Meeting observations▪ Configurable content▪ Materials and tools for participants provided for ongoing support▪ 2 accountability sessions built in
2	CONFERENCE WORKSHOP Groups of 30-250 people	<ul style="list-style-type: none">▪ Up to 2 hours of pre-work conversations▪ 1-2 hour conference session	<ul style="list-style-type: none">▪ Pre-work conversation with key leaders▪ High energy, interactive, working with other participants both virtually and in the room▪ Participant support materials

KG | **Alignment Institute**
Powered by **KARRIKINS GROUP**

*Are you ready to energize your meetings
and change people's minds about the
power of working together to deliver?*

Say hello at alignmentinstitute@karrikinsgroup.com and let's chat about how our **Make Meetings Better** workshop can be configured for your next team or workshop learning opportunity. We will partner with you to make it highly engaging and people will leave with clear ways to improve their own meeting experiences.





KARRIKINS
GROUP

We are **Karrikins**.

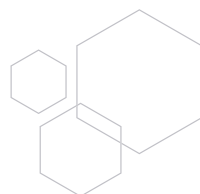
We're world-class facilitators, cultural changemakers, behavioral scientists, and experience creators, but above all, we're people looking to make a lasting and positive impact. With decades of diverse experience in helping companies set ambitious strategies and act on them, our leaders guide our collective impact and enable transformative growth for leaders and teams.

Visit us at karrikinsgroup.com to learn more about our game changing alignment solutions for executive teams, delivery teams, and individuals who are ready to lean into the power of alignment to deliver on their most ambitious goals. Through our Alignment Institute we offer catalytic workshops, individual programs, and smaller group experiences.

KG **Dynamic Strategy**

KG **Alignment Journey**

KG **Alignment Institute**



KARRIKIN (n): *a group of compounds found in the smoke of burning plants that stimulates seed germination and catalyzes growth.*