The KARRIKINS Challenge Curve shows the common stages of leading through challenge or a crisis in an organization.

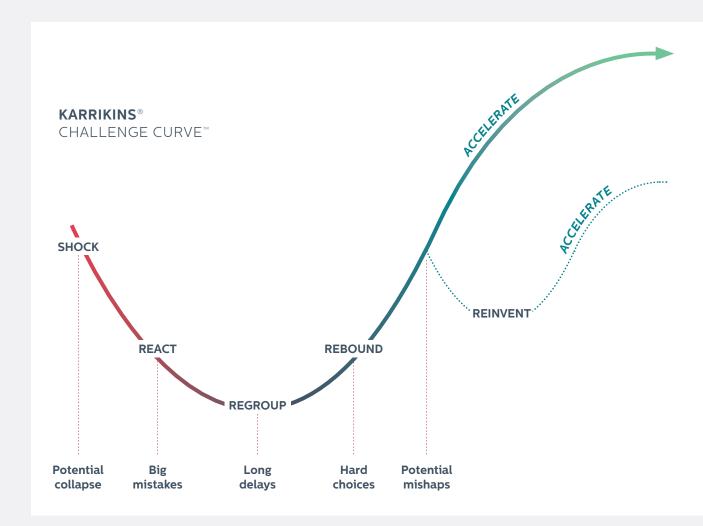
The curve can be initiated based on different types of shocks to the system, including things like:

- An operations failure that results in missed commitments or flawed products
- A major customer deciding to go in a different direction
- A geopolitical upheaval that impacts manufacturing, supply, or distribution
- > A public relations issue that goes viral
- > A competitor rolling out a new offer that dramatically impacts market share
- > A significant and/or sudden senior leadership change
- > An acquisition or other financial restructuring that shakes up the firm

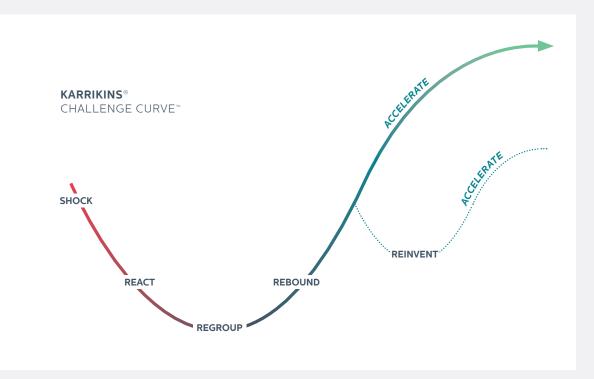
These types of challenges typically impact the entire company in ways that can be difficult to manage. The *Challenge Curve* also comes into play in smaller scale issues across teams or projects. Regardless of the situation, the curve highlights how groups often respond to crisis.

How leaders show up together during a challenging situation determines how quickly they move into the **REBOUND** and **ACCELERATE** activities.

On the next page we share our perspective on how leadership dispositions can impact the way a team moves along the curve. >



The energy leaders bring into showing up together during challenging situations determines how quickly they accelerate out of them.



Intentionally bringing more optimistic energy into solving for the challenge requires leaders to model a pragmatic and forward-focused view of what should happen next.

ARTICLE OPT-IN: Building Optimism Into Your Leadership



Energizing leadership through times of challenge

Often during the **SHOCK** and **REACT** stages it is easy to slip into feeling discouraged or deeply pessimistic about the organization's ability to survive the situation. That can drive knee-jerk reactions that end up making things worse or protracting the impact. Typically the voice of the **Skeptic** comes into play fairly quickly, pushing into the **REGROUP** stage. At this point, the pragmatic and risk-averse mindset of the Skeptic helps the organization to dial down any chaos and to start focusing on stabilizing and protecting the organization.

Staying too long in the **REGROUP** phase can be risky. It may feel comfortable and safe to sit tight for a while because the organization needs to stabilize. However, regrouping for too long can result in missed opportunities. If the operational lockdown becomes business as usual, the organization will have a very difficult time leading through challenge and taking appropriate risks in the future.

As the challenge becomes more manageable, it is important to start to bring more **Optimistic** energy into leadership, modeling a pragmatic and forward-focused view of what should happen next. Moving beyond the challenge or crisis takes you into the **REBOUND** stage, and eventually into **ACCELERATION** and **REINVENTION**. Intentional optimism from leaders helps the organization start to explore new ways of doing business that leverage the lessons learned and take the business forward in productive and innovative ways.

Knowing where you are on the *Challenge Curve* and how you are responding as a leader will help you to infuse the right energy into a situation. You can use the curve to talk with your colleagues about what's happening when a challenge comes up and to make sure that you shallow out the dip and move into **ACCELERATION** as quickly as possible.

At Karrikins Group we know how easy it is to get stuck along the **Challenge Curve**. We are here to help you lead through a significant challenge by aligning your team to move forward quickly and productively. Connect with us at **hello@karrikinsgroup.com** or visit us at **karrikinsgroup.com** to learn more.