# Leading with Intention

### Create and act on opportunities that will set you apart.

Intentional Optimism is a new way of leading that relies on the power of combining pragmatism and forward focus to pursue opportunities. Many organizations have over-oscillated to depending on the *Inventor disposition* to deliver innovation and the *Skeptic* disposition to protect the core. While these dispositions are crucial in their own ways, it is the *Optimist* disposition that figures out how to implement the ideas and to challenge the status quo.

Natural Optimists will learn how to build momentum toward the future, while Inventors and Skeptics will gain an appreciation for their own strengths and how they can balance their energy to make sure a company doesn't lose relevance. And, everyone will gain a better understanding of how to identify the *Discourager* disposition when it shows up, and ways of moving themselves and others through it effectively.

Participants will explore their natural leadership disposition as well as how they respond when they shift into a different one, and how they work with people who show up in other dispositions. They will have a model they can apply immediately to shift their mindsets and bring others with them as they work to lead intentionally from the pragmatic and forward focused space that is Optimism.



## Key outcomes:

In addition to feeling energized and inspired, participants will be able to:

- 1. Understand which archetype they are defaulting to, and where others might be as well
- 2. Feel the value of being intentional about optimism as a choice
- 3. Create momentum that builds across your team by infusing them with the energy required to innovate and transform
- 4. Use the OPT-IN model to shift their own mindsets and those of others
- 5. Explore opportunities professionally and personally from an intentionally optimistic view



Optimist leaders identify and act on opportunities, stepping confidently toward disruption. They create more value and have more impact, while energizing the people around them to do the same.

# Three ways to move people

### **Team session**

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Audience: 8-30 participants, same team

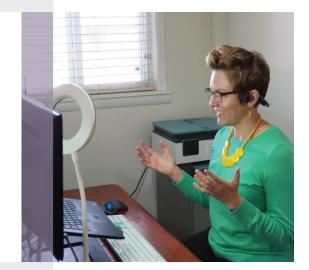
Timing: 1.5-4 hours



#### Approach:

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- Available virtually or in person
- Pre-work interviews with key leaders to understand the current context
- Content configured for specific area of alignment to focus team



## **Keynote**



Audience: Any size and mix of participants

Timing: 60-75 minutes



#### Approach:



- Available virtually or in person
- Pre-work conversation with the event organizer and client executive sponsor
- Content presentation
- · Audience interaction via polls, breakouts, and Q&A



## **Conference workshop**



**Audience:** Groups of 30-250 people





#### Approach:



- Available virtually or in person
- · Pre-work conversation with key leaders
- High energy, interactive, working with other participants both virtually and in the room
- Participant support materials provided



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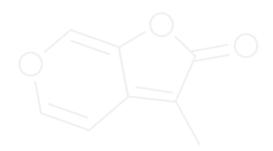








Want to get in touch? Let's talk...hello@karrikinsgroup.com



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